

BREAKFAST & LUNCH



2025-2026
School Year

APRIL MENU

Elementary &
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH</p>		<p>1 BREAKFAST: Iced Long Johns, Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheesy Breadsticks & Meat Sauce, Lettuce Salad w/Grape Tomatoes, Garlic Veggies, Fruit, Milk</p>	<p>2 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Grilled Cheese Sandwich, Tomato Soup, Cottage Cheese, Buttered Carrots, Fruit, Milk</p>	<p>3 NO SCHOOL</p>
		<p>6 BREAKFAST: Colby Cheese Omelet /Toast/Cereal, Fruit, Juice, Milk LUNCH: Crispy Chicken Wrap, Broccoli, Shred. Lettuce, Diced Tomatoes, Cucumbers, Fruit, Milk</p>	<p>7 REAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Crisпитos, Refried Beans, California Blend, Shred. Lettuce, Diced Tomatoes Fruit, Milk</p>	<p>8 1:30 EARLY OUT REAKFAST: French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk LUNCH: Spaghetti & Meat Sauce, Lettuce Salad, Grape Tomatoes, Fruit, Milk</p>
<p>13 BREAKFAST: Sausage*, Egg & Cheese Croissant/Toast/Cereal, Fruit, Juice, Milk LUNCH: Taco Quesidilla, Spanish Rice, Corn, Diced Tomatoes, Fruit, Milk</p>	<p>14 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Cheese Pizza, Lettuce Salad*, Garlic Butter Veggies, Baby Carrots, Fruit, Milk</p>	<p>15 BREAKFAST: Snack Bread/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Orange Chicken, Rice, Broccoli, Cauliflower, Dinner Roll, Fruit, Milk</p>	<p>16 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Hamburgers, Crinkle Cut Fries, Baked Beans, Tomato Slices, Fruit, Milk</p>	<p>17 BREAKFAST: Yogurt Parfaits Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Alfredo, Glazed Carrots, Winter Mix Veggie, Garlic Toast, Fruit, Milk</p>
<p>20 BREAKFAST: Oatmeal w/toppings,Toast/Cereal, Fruit, Juice, Milk LUNCH: Sloppy Joe on Bun, Crispy Green Beans*, Onion Rings(E) Broccoli, Fruit, Milk</p>	<p>21 BREAKFAST: Breakfast Bagel /Toast/Cereal, Fruit, Juice, Milk LUNCH: Beef Tacos, Corn*, Refried Beans, Baby Carrots, Fruit, Milk</p>	<p>22 1:30 EARLY OUT BREAKFAST: Iced Long Johns Toast/Cereal, Fruit, Juice, Milk LUNCH: Creamed Chicken over Biscuit, Mashed Potatoes, Peas, Fruit, Milk</p>	<p>23 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: LUNCH: Corn Dogs, Baked Beans, Crinkle Cut Fries, Radish, Fruit, Milk</p>	<p>24 BREAKFAST: Breakfast Egg Scramble/Toast/Cereal, Fruit, Juice, Milk LUNCH: Pizza Crunchers, Buttered Carrots, Cauliflower, Cookie, Fruit, Milk</p>
<p>27 BREAKFAST: Breakfast Pizza Toast/Cereal, Fruit, Juice, Milk LUNCH: Breaded Chicken Patty on Bun, Potato Wedges, Broccoli, Shred. Lettuce, Sliced Tomatoes, Fruit, Milk</p>	<p>28 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Lasagna, Garlic Bread, Lettuce Salad, Grape Tomatoes, Glazed Carrots, Fruit, Milk</p>	<p>29 BREAKFAST: Mini Donuts(E) Donut Holes (H.S.) Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheddarwurst on Bun, Baked Beans, California Blend, Fruit, Milk</p>	<p>30 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Wild Mikes Pizza* French bread Pizza (E) Corn, Baby Carrots, Cookie* Fruit, Milk</p>	

All bread/buns are whole grain-rich only
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

* = Ms./Sr. High only, E = Elementary

BREAKFAST & LUNCH



MAY MENU

2025-2026
School Year

Elementary &
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL</p> <p>No Salads last week of school</p>				<p>1 BREAKFAST: Mini Waffles, Toast, Cereal, Fruit, Juice, Milk LUNCH: Popcorn Chicken, Mashed Potatoes, Gravy, Green Beans, Tea Roll, Fruit, Milk</p>
<p>4 BREAKFAST: Yogurt Parfaits, Toast/Cereal, Fruit, Juice, Milk LUNCH: Beef Nachos, Broccoli, Shr. Lettuce, Diced Tomatoes, Fruit, Milk</p>	<p>5 BREAKFAST: Breakfast Burrito, Toast/Yogurt, Cereal, Fruit, Juice, Milk LUNCH: Pulled Pork on Bun, Mac-N-Cheese, Green Beans, Coleslaw* Fruit, Milk</p>	<p>6 EARLY OUT BREAKFAST: Iced Long Johns, Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheesy Breadsticks/ Meat Sauce, Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk</p>	<p>7 BREAKFAST: Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk LUNCH: Tomato Soup, Grilled Cheese, Buttered Carrots, Cottage Cheese, Fruit, Milk</p>	<p>8 BREAKFAST: Scrambled Eggs & Sausage Links, Toast, Cereal, Fruit, Juice, Milk LUNCH: Hotdog on Bun, Baked Beans, French Fries, Cucumbers, Fruit, Milk</p>
<p>11 BREAKFAST: Cheese Omelet, Toast/Cereal, Fruit Juice, Milk LUNCH: Chicken Strip Wrap, Diced Tomatoes, Shred. Lettuce, Glazed Carrots, Cucumber, Fruit, Milk</p>	<p>12 BREAKFAST: Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk LUNCH: Spaghetti, Meat Sauce, Breadsticks, Lettuce Salad, Gr. Tomatoes, Fruit, Milk</p>	<p>13 BREAKFAST: French Toast Sticks, Toast/Cereal, Fruit, Juice, Milk LUNCH: Crispos, Cali Blend Veggie, Shred. Lettuce, Diced Tomatoes, Fruit, Milk</p>	<p>14 BREAKFAST: Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk LUNCH: Ham & Turkey Subs Baked Beans, Tomato Slices, Shredded Lettuce, Fruit, Milk</p>	<p>15 REAKFAST: Scr. Eggs & Ham Toast, Cereal, Fruit, Juice, Milk LUNCH: Sloppy Joes, Crispy Green Beans H.S. Onion Rings (E) Broccoli, Fruit, Milk</p>
<p>18 BREAKFAST: Sausage, Egg, Cheese Croissant, H.S. Breakfast Pizza (E) Toast/Cereal, Fruit, Juice, Milk LUNCH: Taco Quesadilla, Spanish Rice, Corn, Fruit, Milk</p>	<p>19 BREAKFAST: Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk LUNCH: Beef Pizza* Cheese Pizza (E) Lettuce Salad, Gr. Tomatoes, Garlic Veggies, Fruit, Milk</p>	<p>20 BREAKFAST: Snack Bread, Toast/Cereal, Fruit, Juice, Milk LUNCH: Corn Dogs, Baked Beans, Cali. Blend Veggie, Fruit, Milk</p>	<p>21 BREAKFAST: Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk LUNCH: Hamburger on Bun, (E) French Fries, Sliced Tomatoes, Fruit, Milk H.S. Pizza Crunchers</p>	<p>22 BREAKFAST: Yogurt Parfaits, Cereal, Fruit, Juice, Milk LUNCH: Pizza Crunchers, (E) Buttered Carrots, Cauliflower Fruit, Mil k H.S. Hamburgers, Chips, Dragon Punch, Fruit, Milk</p>
<p>Summer Food Program starts Monday June 1 thru July 10 11:00-11:45</p> <p>Free lunch for children 1-18</p> <p>FIRST LUTHERAN CHURCH 309 9th S N, Northwood</p>				

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All milk is 1% low-fat or fat-free

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